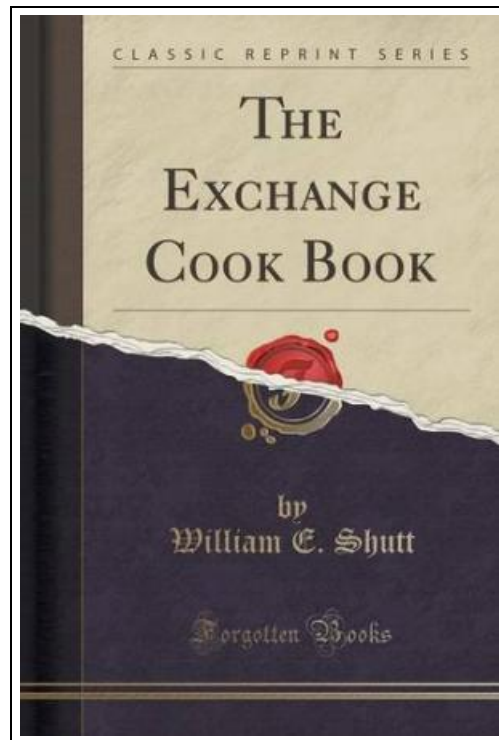


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Forgotten Books, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Excerpt from The Exchange Cook Book Cookery is almost an exact science. The woman who says: I don t know what is the matter, I didn t have any luck with my cake, to-day, is usually the woman whose receipts contain directions to use a little of this, a handful of that, a pinch of the other. This sort of haphazard cooking is only successful where the cook has hail great and varied experience, the cook who is no longer an artisan working by fixed rules, but the one who has become an artist and is guided by a sort of inspiration, but like geniuses of every sort they are born not made, and are few and far between, while every woman ought to know something about cookery. It is hoped this little book will be of some service. It is compiled according to two principles: first, that if one knows how to make one good dish of a certain class, all others of the same class can be made according to the same directions with change of materials alone. For instance, if the cook knows how to make good chicken salad, she will he equally successful with shrimp. Second, that a few tried receipts are more satisfactory than a great many whose merit can not be certified to, hence not more than one receipt will be given for any one dish, unless the methods are very different. Whenever it was possible to find new receipts they have been published, but reliability has in 110 case been sacrificed to novelty. Thanks are returned to the friends who kindly sent receipts, also to those whose advertisements are found...



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