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Love Yourself: 21 Day Plan for Learning Self-Love to Cultivate Self-Worth, Self-Belief, Self-Confidence, Happiness (Paperback)

By Stephen Fleming

Createspace Independent Publishing Platform, 2018. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Start your journey today with 21 Day Doable Plan For Learning Self-Love To Cultivate Self-Worth, Self-Belief, Self-Confidence and Happiness!* Bonus: Health Wealth Magnetism e-book* The Background Story: In my last 10 years of professional experience as a Technology Management Consultant, I have been always a keen observer of successful leaders and have been looking out for common grounds, habits, beliefs of each of them. All of them had one thing in common; They appreciated and loved themselves, their present situation, surrounding people. One of them explained it to me; You know, its a habit and can be developed. If You feel good about yourself. It pulls you towards success! .These continued interactions led to below conclusions: # The entire journey towards any success and fulfillment begins with self- love and appreciation. # You study or listen to achiever from any walk of life and he/she would always mention the magic of loving yourself. # All of us are imperfect, but the journey towards being better versions of ourselves begins with learning the art of self-appreciation. This book is a result of my...



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