## 417hz Solfeggio Meditation.: Resolving Past Traumas Facilitating Change for a Wonderful Life



Filesize: 4.77 MB

## Reviews

This ebook is fantastic. It is probably the most awesome book i actually have read. I found out this ebook from my i and dad suggested this book to understand.

(Ethel Mills)

## 417HZ SOLFEGGIO MEDITATION.: RESOLVING PAST TRAUMAS FACILITATING CHANGE FOR A WONDERFUL LIFE



DIVINITI PUBLISHING, United Kingdom, 2011. CD-Audio. Book Condition: New. 142 x 124 mm. Language: English. Brand New. This is the second of a series of six meditation recordings by Glenn Harrold and Ali Calderwood, which are based upon the ancient solfeggio musical scale. Each note in this scale has specific healing properties and this recording uses the second note, which resonates to a frequency of 417hz. This particular frequency works to dissolve emotional patterns and imprints from the past and facilitate positive changes. It will also help to clear other emotional patterns, such as low self-esteem, self-rejection, overindulgence, jealousy and emotional instability, all of which exist within the same vibrational energy. Glenn Harrold s skilled vocal delivery and guided meditation combined with Ali Calderwood's deep and moving soundscapes tuned to 417hz combine to create an amazingly powerful meditation recording that has the potential to clear away blocks on a cellular level. About the Ancient Solfeggio Scale and Healing Sounds: Modern science is now beginning to recognise what the ancient mystics throughout time have been saying; that everything is in a constant state of vibration, and therefore everything that is vibrating has a sound (even if it's not audible). Everything also has its own optimum rate of vibration, and this is called resonance. When we are in resonance, we are in balance and harmony with creation. Emotions and mental states also have their own optimum resonance and with the recognition that every organ, and every cell, absorbs and emits sound, we can therefore understand how specific sounds and frequencies can be used as powerful healing tools. This is how the ancient Solfeggio frequencies work and is why the Gregorian monks used this specific scale for chanting and healing. These incredible tones each resonate to specific frequency that our...



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