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Balboa Press, United States, 2014. Paperback Condition: New. Language: English. Brand New Book ***** Print on Demand *****. In this poignant and insightful memoir, Pratibha Masand Sachdev offers homage to her grandmother s life and culinary skills. By sharing her life journey, the art of intuitive cooking, and the simple science of self-nurture, she encourages us to return to our roots, seeking the answers from the universe within us. She reminds us gently that too often we fail to see...

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- Authored by Pratibha Masand Sachdev
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