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## Sex Education: A Young Person s Guide (Paperback)

By Charlotte Crowder

NEED2KNOW, United Kingdom, 2013. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Sex Education: A Young Person s Guide is targeted to teenagers and pre-teens, beginning around age 11 when they are first introduced to sex education in the UK school system. It is written in plain language at a reading level geared to the target age group. The book s premise is to provide information before the readers are sexually active. This way they will be armed ahead with the information and later, when choices present themselves, may possibly be able call on the decision-making skills introduced. The book is designed to be read by pre-teens and teens alone or together with an adult, or possibly in the context of a sex education class. To facilitate cross-generational discussion, each chapter includes a list of discussion points readers may want address with key adults in their lives. The book is in two parts. The facts section covers basic information about the physical changes of puberty, as well as reproduction, sexually transmitted infections, and safe sex practices. The choices section covers the emotional changes of puberty and the challenges of adolescence. It offers straightforward suggestions for...



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