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The Foot and Its Covering with Dr. Campers Work On the Best Form of Shoe (Paperback)

By J Dowie

White Press, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.The Foot and its Covering is a vintage handbook on foot care, with a special focus on the importance of good-quality and well-fitted shoes. Essentially, it is a guidebook with hints for those who wear and those who make shoes and boots, with directions on picking and wearing shoes for health, performance, and function. It describes various causes of foot deformities and common ailments, providing advice on how these can be minimised or avoided. Highly recommended for those with an interest in historical shoe manufacturing. Contents include: Introduction, The Foot, External Anatomy of the Foot, Physical Well-being of the Foot, Inquiry into the Nature of the Covering of the Foot, Etc., Measurement--Stocking and Last, The Bones of the Foot, Upon Walking, Shoes and Boots, Of the Best Shape of a Shoe, Of the Inconveniences Occasioned by Ill-made Shoes, and their Remedies, etc. Many vintage books such as this are becoming increasingly scarce and expensive. We are republishing this volume now in an affordable, modern, high-quality addition complete with a specially commissioned new introduction on the history of shoemaking.



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