



## Revitalize Your Hormones: Dr. Dale's 7 Steps to a Happier, Healthier, and Sexier You

By Theresa Dale

Turner Publishing Company. Paperback. Book Condition: new. BRAND NEW, Revitalize Your Hormones: Dr. Dale's 7 Steps to a Happier, Healthier, and Sexier You, Theresa Dale, "Contrary to popular belief, radiant health and positive aging are your birthright. Dr. Dale's natural healing protocol gives you all the tools you need to manage your health destiny for maximum mind-body balance and well-being." --Dr. Earl Mindell "I have seen Dr. Theresa Dale's program give relief to hundreds of my patients and a new outlook on life to so many women. I offer it to all of my patients without reservation." --Christine Staub, m.d. A scientifically proven, 100 percent natural way to restore your body's hormonal balance and to become the beautiful, sexy, vibrant woman you were meant to be Hormone replacement therapy is highly controversial, and many women refuse it. But that doesn't mean you have to learn to live with hot flashes, diminished libido, and all the other so-called normal symptoms of aging. Optimum health, energy, sex drive, and happiness can be yours. Revitalize Your Hormones shows you how to have them all safely and naturally--without risky hormone replacement treatments. World-renowned naturopathic physician Dr. Theresa Dale explains that, no matter what your...



[READ ONLINE](#)  
[ 2.12 MB ]

### Reviews

*Absolutely essential go through pdf It is written in simple terms and never difficult to understand. I am just very happy to let you know that this is actually the greatest pdf we have go through in my individual life and might be the greatest pdf for actually.*

-- **Pete Bosco**

*The publication is straightforward in study safer to recognize. It is written in straightforward words and never hard to understand. It has been printed in an extremely straightforward way and it is just after I finished reading this book through which basically modified me, affect the way I think.*

-- **Percy Bernhard**