



## Are You in a Caregiving Relationship and Don't Know It?: Finding the Balance of Loving and Caring (Paperback)

By Linda J Parker, Wendy Packer Rn

Createspace, United States, 2011. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Are You in a Caregiving Relationship and Don't Know It? Finding a Balance of Loving and Caring by Wendy Packer and Linda J. Parker is a fresh and surprising look at the roles of caregivers and care receivers. Although we often don't realize it, every relationship, from casual to lifelong committed, is a caregiving and care receiving exchange. You won't read many pages into this thoughtful book before you will know the answer to the question the title poses, Yes, you are in a caregiving relationship. dozens of them! You will always be in caregiving and care receiving relationships, creating both rewards and challenges for you. How you handle the physical and emotional demands of caregiving determines the quality of your relationships; the quality of your life; and a great deal about the quality of life in our society. This book will open your eyes to the relationship and caregiving inevitabilities, realities, and responsibilities we all face. It offers both practical insights into the ways we deal with our caregiving roles and inspiring encouragement for how to lighten your load...



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