



## Food@home

By Christine Dann

Canterbury University Press. Paperback. Book Condition: new. BRAND NEW, Food@home, Christine Dann, Food@Home is a journey through the new 'foodways' that are evolving in New Zealand. Author/gardener/cook Christine Dann looks at the ways in which food production, distribution, preparation and service are being brought back home to produce superior food with minimal environmental impact. Christine's journey starts with the rediscovery of home food gardening traditions of both Maori and Pakeha, and ends at the dining table where a delicious healthy feast is being served. Her route takes her to community gardens, farmers' markets, artisan food producers, the Slow Food Movement, organic orchards, school gardens, backyard edible empires, the Spud in a Bucket programme, foraging, freeganism and fine ecological dining. And along the way she shows how everyone can get a piece of this delicious action.

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