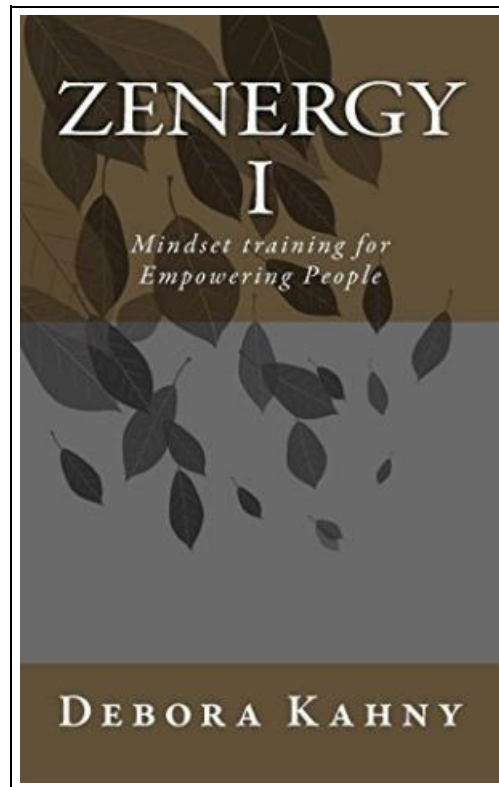


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ZENERGY I: MINDSET TRAINING FOR EMPOWERING PEOPLE (PAPERBACK)



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Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Zenergy I is one of a three series self help book about getting in touch with your thoughts and feeling in order to help yourself to be in a better place to manifest the life that you want. The book is about mind-set training for empowering individuals who want to live a more positive life. Throughout my life I looked long and hard for the "Philosopher's stone" and the alchemy to make my reality my dream life. I looked for my life's purpose in so many different corners of experiences and places only to find that the journey itself is my life's path. My path is to give directions to those who seek the same passage. You are reading this book because you are also a seeker and my mission is to give you a road map and the tools to help guide you onto a better direction for self-empowerment, connectedness, self-exploration and self-love. We all have freedom of choice - sometimes our choices turn out to be life lessons in disguise and one decision can turn your life from empowering to challenging and vice versa. We challenge ourselves thorough our self talk and internal battling - sometimes we feel like we are not enough and look outside ourselves to seek out our own happiness. In the process we leave behind debris of feeling lack-full and unfulfilled. These scattered remnants of emotional clutter or debris will later have to be cleaned-up from being swept under the carpet or avoided or not dealt with. Because let's face it. That bump under the carpet can become a debt that we owe, a health issue, a job loss, and even a separation...



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