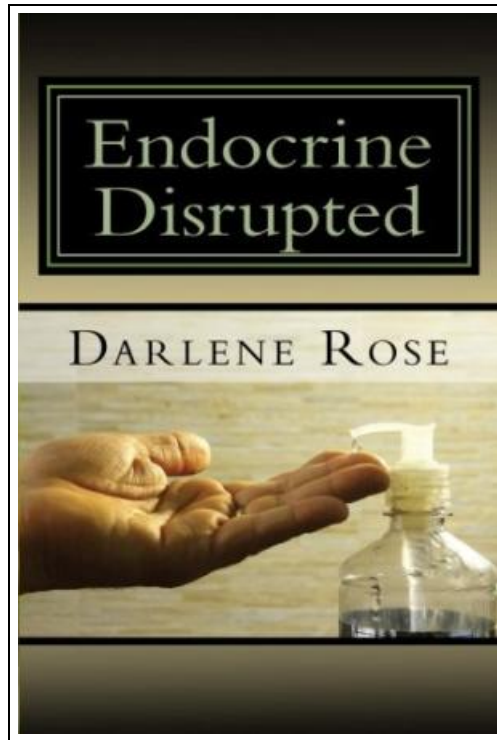


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Reviews

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Createspace Independent Publishing Platform, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Endocrine Disrupted is written for the non-scientist. Many books exist on this subject but Endocrine Disrupted is easy-to-read and broken down into simple language for the average person seeking to improve their health. It is based on Ms. Rose s journey of multiple-chemical sensitivities, originating from the mercury fillings in her teeth and compounded by chemicals in cleaning supplies, cosmetics and processed foods. Sensitivities or symptoms, such as the wide-spread pain of fibromyalgia, chronic fatigue, internal tremors and headaches, she learned, were the result of endocrine disruptors; chemicals that often interfere with the endocrine system and produce adverse developmental, reproductive, neurological, and immune effects in both humans and wildlife. Endocrine disruptors may be found in many everyday products- including plastic bottles, metal food cans, detergents, flame retardants, food, toys, cosmetics, pesticides and tap water. Contains significant mentions of the chemical spill in the Elkview River in Charleston, WV and the heavy metals found in the waters in Flint, MI and Sebring, OH. Read about intersex development of fish in the Potomac River and how filtered, purified tap water may be better for you than your bottled water. Study after study will convince you of the dangers regarding pesticides, herbicides, cosmetics and cleaning supplies but will not leave you powerless. Endocrine Disrupted includes recipes for healthy eating, home skin care and cleaning products, as well as sound, practical wellness suggestions for healthy living.



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