



Diabetes: The Best Foods for Diabetes - 100 Easy, Delicious and Mouthwatering Superfoods to Reverse Diabetes and Lower Blood Sugar - The Smart Blood Sugar Solution (Paperback)

By Kimberly Mays

Createspace Independent Publishing Platform, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. -At last, a New remarkable program to combat the rising diabetes epidemic and help millions of diabetics, as well as those suffering from high blood pressure or heart disease.- ATTENTION! If You or Someone You Love is Suffering from Diabetes, Then This Will Be the Most Important Message You Will Ever Read. Are You Sick and Tired of Picking your fingers with painful and expensive needles every day? Facing a 70-80 higher risk of stroke and heart disease? Being concerned with not losing weight, despite all your efforts? Feeling guilty about food and your weight? Not knowing what s appropriate to eat in the first place? Worrying about all the long-term complications of diabetes? Dealing with the -side-effects- of your medications? Feeling anxious or frustrated for not being able to permanently treat your diabetes? Being overwhelmed by the daily care and vigilance required for diabetics? If you are tired of any of the situations above, you can rest assured there is a scientifically tested and proven way to eliminate them from your life by following a simple, easy, and...



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