



## Anorexia: A Stranger in the Family (Paperback)

By Katie Metcalfe

Accent Press Ltd, United Kingdom, 2009. Paperback. Condition: New. Language: English . Brand New Book. Katie Metcalfe takes readers through the daily struggle with this potentially lethal obsession. It is a harrowing account of her triumphs and tragedies on the long road to recovery after being hospitalized at 15. We learn of Katie s constant battle with the voice when her pride at improving her health is overshadowed by the fear of over eating. It is a story of a young girl at war with herself and anyone who fights to keep her alive. However, Katie Metcalfe s book is more than a personal journey - it is the story of the impact of her illness on her family. With remarkable candour Katie s parents and siblings tell of the shocking impact on close relatives - when anorexia creates a stranger in the family. Katie s honesty combined with her talent for writing, gives a real sense of the horror of anorexia and its power to dominate lives. It is a true account of a family s hard won victory over a disease that kills.



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