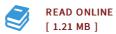




The Victory Lap

By Billie Silvey

21st Century Christian, Inc., United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. It happens to all of us if we live long enough. We grow older, with all the physical, mental, emotional and spiritual challenges that implies. But that s really good news. It means we re living longer, healthier lives and that we have the opportunity to continue learning and growing and contributing for a long time. Victory Lap is about all that. It s also about exercise, good diet, sleep. About our need for each other, to be involved with life and to prepare for death and the legacy we leave behind. It s about treasuring life, feeling gratitude to God and the people around us, adjusting to retirement and filling that extra time well. It s about being honest and real, with ourselves and other people. Endorsements: Recovery from a harrowing health crisis caused accomplished author Billie Silvey to use her considerable writing and research skills to develop a model for living life s last chapter. The resulting The Victory Lap: Growing Old with God is a candid, questioning, spiritual, informative and outstanding resource...



Reviews

A high quality pdf and also the typeface used was exciting to see. it absolutely was writtem really properly and useful. I am quickly could get a delight of looking at a composed pdf.

-- Justina Kunze

I just started looking over this ebook. It is actually rally fascinating through reading period of time. You wont really feel monotony at anytime of your time (that's what catalogues are for about when you request me).

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