



Zentivity: How to Eliminate Chaos, Stress, and Discontent in Your Workplace. (Paperback)

By Marianne Clyde

Balboa Press, 2017. Paperback. Condition: New. Language: English . Brand New Book ****** Print on Demand ******. If you had heart disease, cancer, or another physical malady, would you let it run its course, or would you treat it? Physical illnesses can cause you to be less happy, less focused on the task at hand, and less productive. They can lead to increased absence from work or poor job performance. We seek treatment to feel better and to be happier and more productive so we can live our dreams. Why is it then that when illness is related to emotional, mental, or relationship factors that cause similar outcomes, we are more likely to hide and deny it, hoping it just goes away? This doesn t make sense. If we simply addressed the issues up front and learned techniques to help ourselves and our employees overcome them, we would see direct results in enhanced job performance, a more positive outlook, and focused productivity. Drawing from twenty-seven years of experience as a marriage and family therapist, Marianne Clyde uses stories and examples from the lives of clients that have experienced a happier and more passionate life by implementing the principles in this...



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