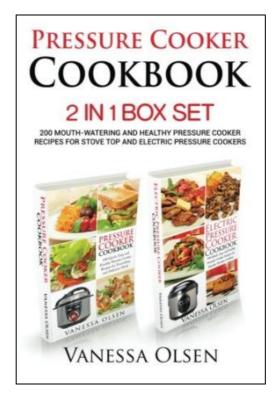
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# PRESSURE COOKER COOKBOOK: 2 IN 1 BOX SET - 200 MOUTH-WATERING AND HEALTHY PRESSURE COOKER RECIPES FOR STOVE TOP AND ELECTRIC PRESSURE COOKERS



Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*\*.Get PALEO DIET book for FREE when you purchase this book. Simplify your everyday life through pressure cooking with the help of this 2-in-1 box set. This set includes two books by Vanessa Olsen -- PRESSURE COOKER COOKBOOK and ELECTRIC PRESSURE COOKING. PRESSURE COOKER - 100 QUICK, EASY, AND HEALTHY PRESSURE COOKER RECIPES FOR NOURISHING AND DELICIOUS MEALS Are you always too busy to cook healthy meals? Do you frequently have to resort to take-out or overdone recipes just because theyre easy and fast? If so, pressure cooking is going to solve all your problems and this book is the perfect place to begin! This pressure cooker cookbook includes all of the important introductory information needed to feel comfortable and confident with an electric pressure cooker, even if its your first time using one. In just the first few chapters, youll learn everything there is to know about The history of pressure cooking How to properly work an electric pressure cooker Safely preparing pressure cooker recipes Why electric pressure cookers are better than stove top ones How to choose an electric pressure cooker thats right for you And how to keep your pressure cooker in tip-top shape for years to come After learning the basics, youll find 100 electric pressure cooker recipes, including breakfast, lunch, dinner, and even dessert. And for all you animal lovers, Ive dedicated two whole chapters solely to vegetarian and vegan pressure cooking. Have a gluten allergy? Dont worry there are plenty of gluten free recipes throughout the pages as well. To sum it up, heres a taste of what you can expect from this pressure cooking cookbook: Classic grits French...

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