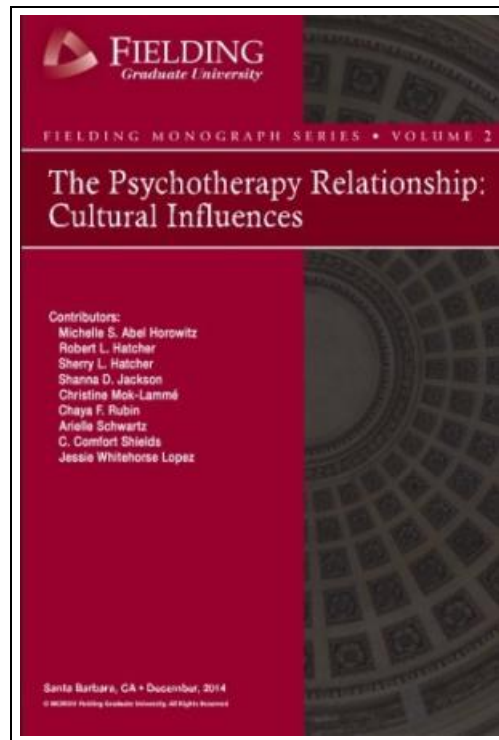


The Psychotherapy Relationship: Cultural Influences (Paperback)



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(Rylee Funk)

THE PSYCHOTHERAPY RELATIONSHIP: CULTURAL INFLUENCES (PAPERBACK)



Createspace, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. This second volume in the Monograph Series of Fielding Graduate University features six articles on the cultural ramifications of the psychotherapy relationship, based on recent dissertations by Fielding graduates. Edited by Sherry L. Hatcher, Faculty Chair in the Clinical Psychology Program at Fielding Graduate University, the monograph offers six in-depth studies on some of the unique socio-cultural aspects of the therapy relationship. Jessie Whitehorse Lopez's article, co-authored by Robert Hatcher, tells us about Native American psychotherapy clients: how they evaluate standard measures of alliance, and which criteria they propose to add in order to foster trust in the therapy relationship. Interestingly, Dr. Lopez did not initially gain cooperation from Native American research participants until he happened to show them that he knew how to make tobacco pouches, something his grandfather had taught him. That anecdote, recounted in the paper, also speaks to the analogous importance of an effective research relationship. Christine Mok-Lamme's article serves to remind us to avoid stereotyping. The article illustrates common expectations about what Chinese American psychotherapy clients want from their therapy, in terms of either cognitive or emotion-based interventions. Dr. Mok-Lamme urges us to look at individual differences within cultures, so as to formulate an appropriate psychotherapy treatment for each patient. Arielle Schwartz takes us into new age culture by asking what psychologists think about embedding mind-body methods in their work, such as the use of relaxation techniques, mindfulness practices, and more. She discovered interesting discrepancies between the mind-body techniques that psychologists value personally, and those that they are disinclined to incorporate into their professional work. Shanna Jackson studied parallel cultures of abuse and what happens when therapists, who have themselves suffered abuse and trauma, treat...



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