



## Yummy Meals for Children: An Inclusive Kids Cookbook with 30 Healthy and Delicious Recipes for Kids (Paperback)

By Martha Stephenson

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Parents often complain that their children do not like homemade food and they always insist on ordering a pizza or burger from restaurants and fast food centers. Keep it in mind that your kids are at a critical stage of their life. It is their growth period, and their body needs all minerals, vitamins, and nutrients for the growth of bones and muscles. You should serve them fresh fruits and vegetables in an attractive way and for this purpose, this cookbook can be your assistant. This book offers Recipes for Kids to make healthy vegetables and pizzas at home. Instead of purchasing items from the market, you should fill your pantry with all essential ingredients to make food at home. In this cookbook, you will find 30 recipes for your children. You can prepare healthy breakfast, dinner, lunch and even snacks for your child with the help of vegetables. These recipes will increase the temptation of your child to eat require a portion of fruits and vegetables. This cookbook offers: - Healthy Breakfast for Children - Pizza and Pasta Recipes...



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