



It's Not (Just) about the Gig: A Musician s Guide to Creating the Mindset Which Leads to Career Success and Fulfillment (Paperback)

By Dana Fonteneau Lmft

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Making it in the music world can seem like a magical, unpredictable outcome granted only to the chosen few. A solid musical education focuses on learning repertoire, gaining mastery of technique, interpretation, memorization, musicality and quality of performance as well as winning auditions and competitions. Yet one s personal development and a true sense of self can get lost along the way. We are trained to believe that if we just practice enough, go to the right school, win the competitions and get the big gig, THEN, we ll finally make it and everything will be happily ever after. Except it usually doesn t work out that way. In over a decade of working with musicians as a psychotherapist and now career coach, I ve seen so many unhappy and unfulfilled musicians. Cases have ranged from people who feel like they are bowing for dollars meaning they have a nice orchestra job but actually dread going to work. Others feel disrespected and undervalued because of not getting a promotion in a music school or conservatory. Some look so successful on paper yet..



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