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LOBSTERS SCREAM WHEN YOU BOIL THEM: AND 100 OTHER MYTHS ABOUT FOOD AND COOKING.PLUS 25 RECIPES TO GET IT RIGHT EVERY TIME



Audible Studios on Brilliance, 2017. CD-Audio. Condition: New. Unabridged. Language: English . Brand New. Is the five-second rule for real? Will eating carrots improve your eyesight? Is your cookware a health hazard? Do spicy foods cool you down? Has your grandmother been lying to you all these years? No, no, no, no, and probably. In this entertaining and informative reference guide, award-winning cookbook authors Bruce Weinstein and Mark Scarbrough take on more than 100 popular kitchen myths and dish up answers...

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- Authored by Bruce Weinstein, Mark Scarbrough
- Released at 2017



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