



## Quit Smoking and Save More: Create the Perfect Self Hypnosis Audio for Yourself or as a Gift (Paperback)

By S Reed

Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Have more money How much money could you save by not smoking? You could even take a vacation abroad on the amount of extra money you ll have. How to calculate how much you ll save is in this book. Live longer By quitting smoking, you ll live between 3 and 10 years longer. How many more years could you add? This book tells you. Look younger Slow facial aging . Delay the appearance of wrinkles Have whiter teeth Giving up tobacco stops teeth becoming stained (and you ll have fresher breath). Be less stressed Less stressed by not smoking? Yes! This book tells you why and how. There are SO many more benefits to quitting smoking, a whole list of them are included in this book. Get in the zone Ever heard sports people say I was in the zone ? That s a form of hypnosis. With the tools in this book, you can get in the zone. Fast. You ll create the PERFECT Self-hypnosis audio for you, or as a perfect gift for a loved one. You...



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