



Chasing the Hawk: Looking for My Father, Finding Myself

By Andrew Sheehan

Audible Studios on Brilliance, 2016. CD-Audio. Condition: New. Unabridged. Language: English . Brand New. I have always chased my father, chased after his love, chased him through his many changes. I chased him even when I thought I was running in the other direction. Today, even though he is gone, I chase him still. I know he is the key to my freedom. To runners around the world, Dr. George Sheehan, author of the landmark New York Times best seller *Running and Being*, was nothing short of a guru--the country's greatest philosopher of sport. But to his son Andrew, who had spent his entire boyhood longing for the attention and approval of an emotionally distant father, he was an incomprehensible paradox: a lifelong loner, who was now sunning himself in the spotlight of the nation's press; a hero to millions, who seemed to have no time for his own son. The events that transformed George Sheehan from doctor to family man to bestselling author and media magnet began at the depths of what we would now call a midlife crisis, when he rediscovered an old love--running. Twenty-five years after his days on a high school cross-country team, he...



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