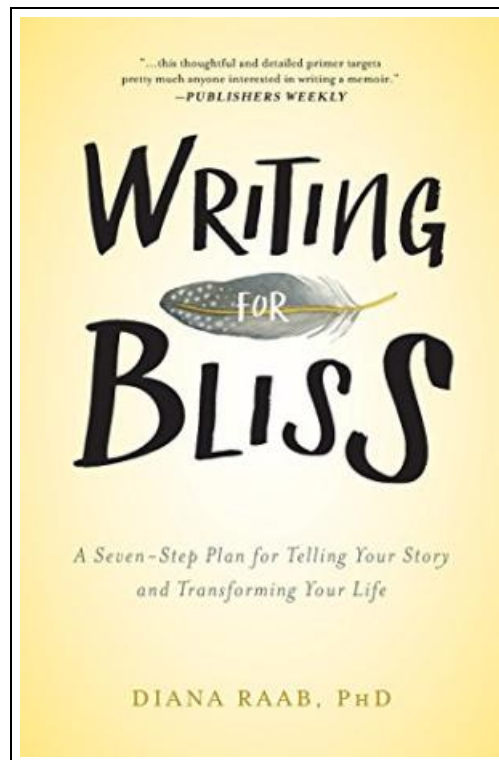


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Reviews

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(Matilda Hoeger V)

WRITING FOR BLISS: A SEVEN-STEP PLAN FOR TELLING YOUR STORY AND TRANSFORMING YOUR LIFE (PAPERBACK)

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Loving Healing Press, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. Writing for Bliss is most fundamentally about reflection, truth, and freedom. With techniques and prompts for both the seasoned and novice writer, it will lead you to tap into your creativity through storytelling and poetry, examine how life-changing experiences can inspire writing, pursue self-examination and self-discovery through the written word, and, understand how published writers have been transformed by writing. Poet and memoirist Raab (Lust) credits her lifelong love of writing and its therapeutic effects with inspiring her to write this thoughtful and detailed primer that targets pretty much anyone interested in writing a memoir. Most compelling here is Raab's willingness to share her intimate stories (e.g., the loss of a relative, ongoing struggles with cancer, a difficult relationship with her mother). Her revelations are encouraging to writers who feel they need permission to take a voyage of self-discovery. The book's seven-step plan includes plenty of guidance, including on learning to read like a writer, and on addressing readers as if seated across the table. Raab covers big topics such as the art and power of storytelling and small details such as choosing pens and notebooks that you enjoy using. She also helps readers with the important step of finding your form. --PUBLISHER'S WEEKLY Writing for Bliss is about the profound ways in which we may be transformed in and through the act of writing. I am grateful to Diana Raab for sharing it, and I trust that you will feel the same as you read on. May you savor the journey. --from the foreword by MARK FREEMAN, PhD By listening to ourselves and being aware of what we are saying and feeling, the true story of our...

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