



## Breath of Truth (Paperback)

By Sherry Banz

Sherry Banz, United States, 2013. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Breath of Truth offers something of value to all readers seeking greater understanding and meaning in life. Part philosophy, psychology, and road map for increased personal consciousness, the book defies easy categorization. The author asks the question, What is Truth? and then proceeds to examine Truth not as a single, fixed thing, but as a fluid and dynamic living entity with many distinct aspects. In a candid, yet kind, conversational style of writing, first-time author Sherry Banz gently and lovingly takes readers by the hand on a thought-provoking journey toward a destination of emotional discovery and healing, with an appreciation - indulgence, even - for the delays, wrong turns and blind alleys some of us take on the way to getting there. She recognizes the meandering and unpaved paths required for self-reflection cannot be supplanted by a shortest-route, GPS-guided life. This is a compact book of timeless quality, reminiscent of Khalil Gibran's The Prophet, with a 21st century sensibility.



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