



## Low Carb Desserts: Experience the Beautiful World of Ketogenic Muffins, Cinnamon Rolls, Cookies and Other Pastry Goodness!: (Low Carbohydrate, High Protein, Low Carbohydrate Foods, Low Carb, Low Carb Cookbook, Low Carb Recipes) (Paperback)

By Carol Gellar

Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Low Carb Desserts: Experience The Beautiful World Of Ketogenic Muffins, Cinnamon Rolls, Cookies and Other Pastry Goodness! The Ketogenic diet is proving to be one of the most effective ways to easily melt through stubborn fat and reach the healthiest weight, for good! The problem is that it can create cravings for unhealthy carbs such as muffins, cakes, and other mouthwatering delicious treats. The truth is that most people will not be able to stick to a Keto diet, because it takes away some of the most delicious foods. Finally, though! You no longer have to feel deprived! You CAN stick to your Keto diet, and eat delicious foods and desserts at the same time! The Low Carb Desserts: Experience The Beautiful World Of Ketogenic Muffins, Cinnamon Rolls, Cookies and Other Pastry Goodness! recipe book is filled with taste bud tempting recipes that will not only satisfy your cravings, but will help you lose weight at the same time! You will learn: How to make luscious muffins, cakes, cookies, pastries, candies and more.! How to bake treats that will...



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