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# SOCIAL SELF-DEFENSE (PAPERBACK)



Wells 2000 LLC, United States, 2012. Paperback Condition: New. Language: English. Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Social self-defense is more of a total picture of self-defense. It encompasses not only the physical act of defending one-self, but also a change in mind where we become aware of our surroundings and thereby create a safe zone where we are less likely to become a victim. Social self-defense is doing everything possible to AVOID fighting the attacker. Social...

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- Authored by Doug Wells
- Released at 2012



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