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HARMONY, United States, 2004. Paperback. Book Condition: New. 206 x 139 mm. Language: English . Brand New Book. La Vita Weaver, an ordained minister and fitness instructor, knows firsthand how being overweight affects every aspect of ones life. During her own battle with extra poundsshe gained eighty following the birth of her first childshe found herself struggling also with profound emotional and spiritual problems. Once a size five, she had skyrocketed to more than two hundred pounds, and her sense...

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- Authored by Lavita Weaver, La Vita Weaver
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