



The Green Pharmacy Herbal Handbook (Paperback)

By James A. Duke

RODALE PRESS, United States, 2000. Paperback. Condition: New. Language: English . Brand New Book. A Complete Guide to 180 Healing Herbs-- From America's Favorite Herbalist In this handy companion to his best-selling book, The Green Pharmacy, leading herbal authority James A. Duke, Ph.D., delivers the lowdown on virtually every healing herb available in today's marketplace: its description and history, therapeutic uses, medicinal properties, prescription counterparts, dosage options, safety and effectiveness rating, and precautions. Dr. Duke's inimitable folksy tone and friendly manner shine throughout The Green Pharmacy Herbal Handbook, making it as entertaining to read as it is practical. The most thorough and comprehensive herb reference of its kind, the handbook was culled from the thousands of entries in Dr. Duke's database of the world's medicinal plants. The database, which he began during his career as a top botanist with the USDA, is a lifelong project for Dr. Duke and has become a major reference resource for herbalists worldwide.



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