



## Love the Real You: Uncovering Your Why Affirming You re Enough (Paperback)

By Charron Monaye

Pen Legacy, 2015. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Are you one of the millions of people who are experiencing more pain than happiness these days? If so, this book is for you. Happiness and Self-Love comes from peace and acceptance within. Happiness is a choice. Self-Love is a matter of respect. We all choose how we see the world but before we journey outside we must wake up and face ourselves. If you are unhappy with yourself, than there is no doubt you are unhappy in the world. Love the REAL You is a coaching and inspirational guide to help uncover deficiencies, promote introspection and lead the reader to a greater sense of self love. It contains information on how to love, learn, and embrace each aspect of your being and offers tools to help you get there. After reading readers will find comfort in walking in purpose, even when it gets difficult; Shed doubt and fear in the pursuit of their dreams, change their mindset to accept the possibilities of life and find ways to remain committed to who you are without apologizing. You can t love and live for...



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