



Sh#t Your Ego Says: Strategies to Overthrow Your Ego and Become the Hero of Your Story (Paperback)

By James McCrae

Hay House UK Ltd, United Kingdom, 2017. Paperback. Condition: New. Language: English . Brand New Book. Sometimes our worst failures lead to our greatest transformation. In 2012, James McCrae left behind a comfortable life in Minnesota and a successful career in advertising to move to New York City and pursue his dreams of being a writer. Soon after he arrived, Hurricane Sandy ripped through the eastern seaboard. New York City was underwater, and James - jobless and running out of money - was suddenly homeless. Fleeing to the Puerto Rican island of Culebra for refuge, James sat alone on Flamenco Beach while his greatest doubts and insecurities rose to the surface. What he discovered was his Ego - and it had a lot of sh#t to say. This story of adventure, redemption and transformation reminds us that we all have two voices inside us: the Ego and the Higher Self. The Ego is our reactive, attached mind that tells us we re victims of circumstance. The Higher Self is our source of intuition and imagination that reminds us we re the creators of our reality. Sh#t Your Ego Says exposes the battle between these voices. With arresting honesty and candid,...



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Reviews

This is actually the very best book i actually have read till now. This is for all those who statte that there was not a worth studying. Its been written in an remarkably straightforward way which is merely following i finished reading this publication by which in fact altered me, modify the way i believe.

-- Mr. Jeramy Leuschke IV

If you need to adding benefit, a must buy book. it was writtern really perfectly and beneficial. You may like the way the author create this ebook.

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