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## Effect of Depression on Functional Recovery

By Akanda, Occupational Therapist, Md. Zahir Uddin

Condition: New. Publisher/Verlag: LAP Lambert Academic Publishing | A Correlational Study by using BDI & FIM scale on Spinal Cord Injury (SCI) patients | The person with SCI was often a very active male or female in adolescence or early adulthood. But after SCI they can not do these activities anymore. At first he becomes physically impaired then functionally and at last mentally. Although the physical treatment of SCI has improved, treatment and assessment has not improved so much in terms of psychological problems. So the patients with SCI live with many psychological problems, most commonly depression and anxiety. Due to the psychological problems, the treatment of SCI is not optimal. The therapist or other health care professionals rarely understands about psychological effects of SCI. The fact that these problems go untreated can potentially have a major impact on rehabilitation. By this research, the therapist would be able to know about the relationship of depression with functional independence. The patients also would be benefitted when therapist would try to decrease the symptoms of depression for proper improvement in all aspects. This book would be helpful for the therapist, doctors, psychologist, other health care professionals, students, person and parents with SCI...



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