



## Call of the Jungle: How a Camping-Hating City-Slicker Mum Survived an Ultra Endurance Race Through the Amazon Jungle (Paperback)

By A M Barlow

Amanda Barlow Australia, United States, 2014. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The Jungle Marathon is arguably the world's toughest endurance race. The 254km multi-stage, unsupported ultra endurance race through the heart of the Amazon Jungle has unique challenges that no other race can provide, and testimonials from athletes who have completed it leave no doubt that the unforgiving and hostile environment of the Amazon Jungle is the ultimate endurance athlete's challenge. The route consists of river and swamp crossings in primary jungle, very steep climbs and descents, tracks through deep jungle areas where jaguars roam freely, and beautiful fluvial beaches that separate the Amazonian waters from the dense jungle canopy. The terrain is both stunningly beautiful and soul-destroying in its extremeness. The extreme heat and humidity can have devastating effects on un-acclimatized athletes and many fall victim to this every year. It's impossible to tell who may be affected but the sure thing is that every year someone will be affected! Amanda Barlow describes the agony and the ecstasy of her experience, as she becomes the first Australian female to have competed in The Jungle Marathon. Along with 76 competitors,...



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