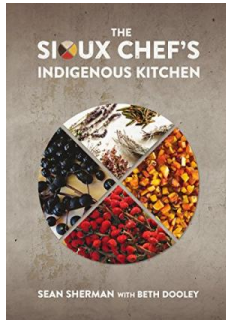


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## THE SIOUX CHEF S INDIGENOUS KITCHEN (HARDBACK)



University of Minnesota Press, United States, 2017. Hardback. Condition: New. Language: English . Brand New Book. Here is real food-our indigenous American fruits and vegetables, the wild and foraged ingredients, game and fish. Locally sourced, seasonal, cleaningredients and nose-to-tail cooking are nothing new to Sean Sherman, the Oglala Lakota chef and founder of The Sioux Chef. In his breakout book, The Sioux Chefs Indigenous Kitchen, Sherman shares his approach to creating boldly seasoned foods that are vibrant, healthful, at once...

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- Authored by Sean Sherman
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