



Working Memory: The Connected Intelligence

By -

Taylor Francis Ltd, United Kingdom, 2012. Paperback. Book Condition: New. 236 x 157 mm. Language: English . Brand New Book. Working memory - the conscious processing of information - is increasingly recognized as one of the most important aspects of intelligence. This fundamental cognitive skill is deeply connected to a great variety of human experience - from our childhood, to our old age, from our evolutionary past, to our digital future. In this volume, leading psychologists review the latest research on working memory and consider what role it plays in development and over the lifespan. It is revealed how a strong working memory is connected with success (academically and acquiring expertise) and a poor working memory is connected with failure (addictive behavior and poor decision-making). The contributions also show how working memory played a role in our cognitive evolution and how the everyday things we do, such as what we eat and how much we sleep, can have an impact on how well it functions. Finally, the evidence on whether or not working memory training is beneficial is explored. This volume is essential reading for students, researchers, and professionals with an interest in human memory and its improvement, including those...



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Reviews

Unquestionably, this is actually the greatest function by any writer. We have go through and so i am confident that i am going to gonna read through once more once again later on. I am just happy to explain how this is actually the very best book i have got go through during my individual existence and might be he greatest ebook for ever.

-- **Wilbert Connelly**

Thorough guideline! Its this type of good read. It is really simplistic but shocks from the 50 percent from the publication. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Sallie Wiegand**