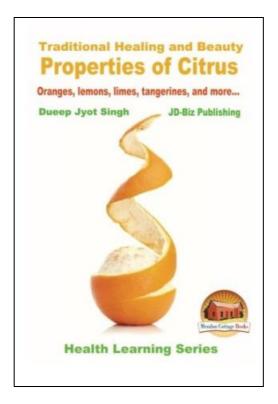
Traditional Healing and Beauty Properties of Citrus - Oranges, Lemons, Limes, Tangerines, and More. (Paperback)



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Reviews

This publication is definitely not effortless to get going on looking at but really exciting to read through. It really is rally intriguing through looking at time period. Its been written in an remarkably straightforward way which is just soon after i finished reading through this book where basically altered me, change the way i think.

(Erna Langosh)

TRADITIONAL HEALING AND BEAUTY PROPERTIES OF CITRUS - ORANGES, LEMONS, LIMES, TANGERINES, AND MORE. (PAPERBACK)



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Print on Demand *****. Table of Contents Introduction Citrus for Good Health And Beauty Dental Problems Lemon Juice for Toothaches Liver Cleanser/Gallstones Remover Fever Remedy Healthy Tangerine Tea Natural Wrinkle Remover Natural Lemon Skin Balm Grapefruit Heartburn Cure Curing Diverticulitis and Diarrhea Lemons for Headaches And Migraines Traditional Lemon Garlic Honey Conclusion Author Bio Publisher Introduction I was just looking through some ancient medical treatises, translated into English and I was astonished at the number of times references were made to lemons, citrus fruits, oranges, tangerines, and kumquats to help heal and cure a number of diseases. These treatises were Asian in origin, Thai, Corian, Japanese, and Indian. Then I went to the Middle East and found that those ancients used lemon juice, in copious quantities in order to make up the basic foundation of a number of medicines, while their beauties used lemon juice in order to beautify themselves and keep themselves lovely. So this book is going to tell you all about the power of citrus fruits, in helping to keep you lovely, youthful looking, healthy, and best of all, with a product readily visible and available at hand. Many of the citrus fruits are basically sun loving and that is the reason why when they began to be grown in Spain and Italy as well as sunny France, they were used just to keep the skin white. This was in the medieval times when health uses of lemons were not well known. However, in the late 17 century European sailors found out that after a long voyage, all they had to do was reach a sunny and tropical island, where there was plenty of lemongrass growing - this does not belong...

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