



## Evangelisch Lutherische Gemeinden

By -

RareBooksClub. Paperback. Book Condition: New. This item is printed on demand. Paperback. 54 pages. LC Number: KF27 . F64828 2007g OCLC Number: (OCoLC)174967118 Subject: United States -- Officials and employees -- Mental health -- Iraq. Excerpt: . . . 11 motor accidents or violent crimes. Foreign Service employees may develop PTSD as a reaction to criminal or political or terrorist violence like the East Africa bombings in Nairobi and Daur e Salaam in 1998. Some characteristic symptoms of PTSD that emerge are re-experiencing of the events through dreams or nightmares or flashbacks, irritability or anger, insomnia, an exaggerated startle response, hyper vigilance, and a general numbing of emotional responsiveness. In one person these symptoms may appear immediately after the event but go away fairly quickly but in another person they may emerge as much as 3 to 6 months after the event and become chronic, and there are wide variations between those two examples. Mental health support for employees going to Iraq began in November 2003 with the addition of a mental health training to a pre-Iraq orientation course. When the department opened the Foreign Service health unit in Baghdad in July 2004, we made certain that a psychiatrist was...



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