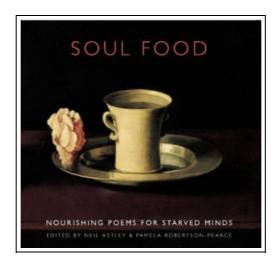
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Reviews

Completely essential read publication. It is really basic but excitement in the fifty percent of the book. You will not really feel monotony at anytime of your respective time (that's what catalogues are for about in the event you ask me). (Lexie Paucek PhD)

SOUL FOOD: NOURISHING POEMS FOR STARVED MINDS (PAPERBACK)



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BLOODAXE BOOKS LTD, United Kingdom, 2007. Paperback. Condition: New. Language: English. Brand New Book. Soul Food is a feast of thoughtful poems to stir the mind and feed the spirit. Drawn from many traditions, ranging from Rumi, Kabir and Blake, to Rilke, Emily Dickinson and Paul Celan, this wide-ranging selection includes enormously varied work by celebrated contemporary poets such as Jane Hirshfield, Denise Levertov, Thomas Merton and Mary Oliver, as well as by many lesser-known writers from all periods and places. The anthology opens with a series of poems on human life and spiritual sustenance, starting with Rumi: This being human is a guest house./Each morning a new arrival. The poems which follow explore many ways of keeping body and soul together, offering food for thought on knowing yourself, living with nature, who or what is God.All are universal illuminations of the meaning of life, speaking to readers of all faiths as well as to searchers and non-believers. Soul Food shows how poetry can help feed our hunger for meaning in times of spiritual starvation.



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