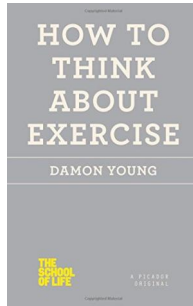


## How to Think about Exercise



### Book Review

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**(Ethel Mills)**

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