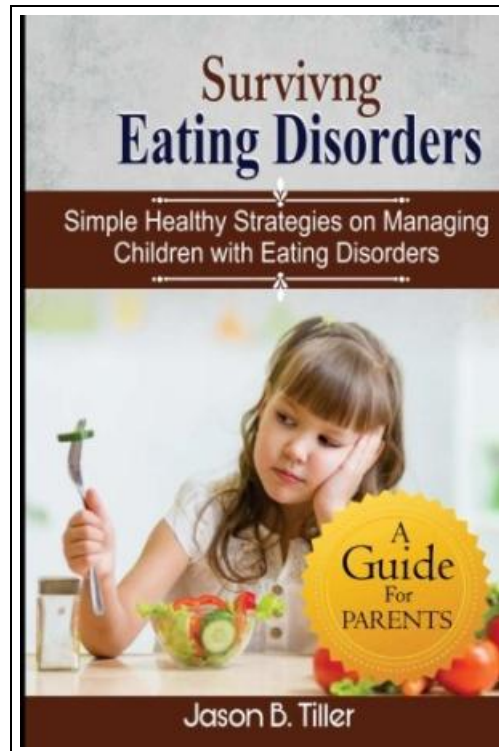


## Surviving Eating Disorders: Simple Healthy Strategies on Managing Children with Eating Disorders (Paperback)



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## SURVIVING EATING DISORDERS: SIMPLE HEALTHY STRATEGIES ON MANAGING CHILDREN WITH EATING DISORDERS (PAPERBACK)



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Createspace Independent Publishing Platform, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Are you parenting a kid with an extreme eating disorder? Do you worry that your child may not be getting the required nutrition for optimum growth? Are you tired of fighting over food? Do you suspect that what you ve tried with your kid to have a proper behavior towards food may be making things worse, but don t know how to help? Having a child with an eating disorder is frustrating and sometimes even scary. Many parents tend to be clueless about the best steps to take to optimize the feeding habits of their kids, so they end up giving up and letting the child develop extreme food aversion. Selective eating can also be characterized by severe anxiety leading to food struggle, which may impact the child-parent relationship negatively. This power struggle is common among toddlers. Safe foods are rare, and kids may also develop anorexia. The good news is you don t have to choose between fighting over every bite and only serving a handful of safe foods anymore. This book is filled with all the tips and tricks you will need as a parent to overcome eating disorders in kids. SURVIVING EATING DISORDERS: SIMPLE HEALTHY STRATEGIES ON MANAGING CHILDREN WITH EATING DISORDERS brings hope. Apart from understanding the nutrition needs of your child, you will also learn new tricks for getting your kids to eat well, while still rebuilding trust. Among the things, you will learn Ways to detect eating disorder in your child The harmful effects of eating disorders you should averse How to prevent eating disorder Home treatment for eating disorder in kids The less-stressful approaches to total recovery Improve your kid s eating habits by obtaining...

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