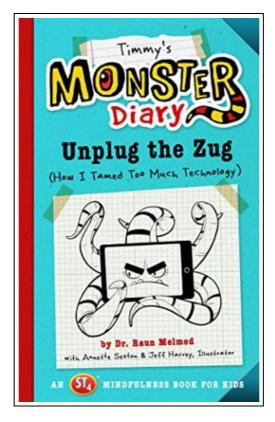
# Timmy s Monster Diary: Screen Time Stress (But I Tame It, Big Time) (Paperback)



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## Reviews

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## TIMMY S MONSTER DIARY: SCREEN TIME STRESS (BUT I TAME IT, BIG TIME) (PAPERBACK)



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Familius LLC, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book. Meet Timmy, a lovable monster who can t get enough of the coolest gadgets and video games. Too bad he doesn t realize how much time he spends each day in front of a screen. In the same humorous spirit of Diary of a Wimpy Kid comes Timmy s Monster Diary: Screen Time Stress. Using the Time-Telling and ST4 techniques developed by Dr. Raun Melmed of the Melmed Center in Arizona, Timmy s Monster Diary teaches kids how to self-monitor the amount of time they spend on technology. Timmy s hilarious doodles and diary entries chronicle his delightful adventures, misadventures, and eventual triumph in a funny, relatable way. It s the one book that kids will want to turn off the TV and read! Timmy s Monster Diary also includes a resource section to help parents and teachers implement Dr. Melmed s methods, plus ST4 reminders that kids can remove, color, and place around the house. Ages 6-12 Don t miss Marvin s ADHD adventures in Book 1.

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