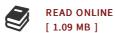




Psychic Shield: The Personal Handbook of Psychic Protection

By Caitlin Matthews

Ulysses Press. Paperback. Condition: New. 280 pages. Dimensions: 8.1in. x 5.4in. x 0.8in.BECOME PSYCHICALLY STREETWISE IN YOUR EVERYDAY LIFEIn todays hectic and uncaring society, you need skills that help you guard the boundaries of your soul. Psychic Shield shows how to defend against these damaging external forces with practical and commonsense strategies that protect your inner peace and keep you safe from harm. Psychic Shield is packed with checklists, danger-point indicators and reality checks that allow you to identify soul disturbances caused by everything from the jealousies of friends and the competitiveness of coworkers to the horrors of war and terrorism. With simple practices, meditations and rituals, Psychic Shield offers spiritual housekeeping routines you can use every day to: Strengthen your psychic healthOvercome negative relationshipsFree yourself from fear and self-doubtDeal confidently with difficult peopleBecome attuned to spiritual guidanceLive in harmony with othersMaintain boundaries that keep you safe This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.



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