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Panther Brook Spiritual Center, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English. Brand New Book ***** Print on Demand *****. Introducing the Serenity Meditation. In 1985, while visiting Chaing Mai, in northern Thailand, the author asks a monk to teach him meditation. The monk replies that he cannot, but his teacher might. His teacher is Chief Priest of Sanpatong. No farang (foreigner of European descent) had ever asked him to teach meditation, yet he readily...

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Practice

- Authored by Emerson D Brooking Ph D
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