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Sunshine Press, 2015. Paperback. Condition: New. Language: English. Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Joy Manifesto is a 90 day custom journal/planner to help you DESIGN and plan your joyous dream life. With tools to help reduce stress and cultivate the art of living. Step by step instructions on HOW to create and manifest what brings you joy. Each day has specific reminders and checklists for you to fill out as well as space to plan out your...

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- Authored by Gretchen Stewart
- Released at 2015



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