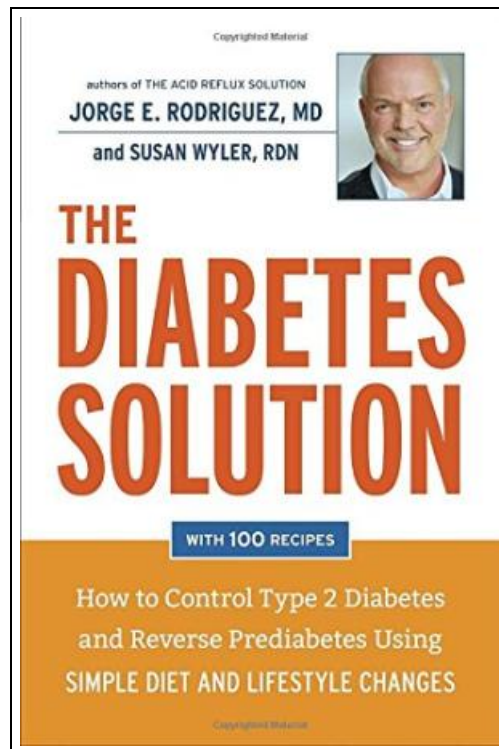


## The Diabetes Solution: How to Control Type 2 Diabetes and Reverse Prediabetes Using Simple Diet and Lifestyle Changes--With 100 Recipes



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## THE DIABETES SOLUTION: HOW TO CONTROL TYPE 2 DIABETES AND REVERSE PREDIABETES USING SIMPLE DIET AND LIFESTYLE CHANGES--WITH 100 RECIPES

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