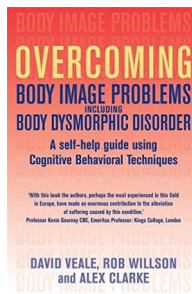


Overcoming Body Image Problems Including Body Dysmorphic Disorder: a Self-help Guide Using Cognitive Behavioural Techniques



Book Review

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