



The Gratitude Journal: Five Minutes a Day to a Happier You (Golden Eggplant) (Paperback)

By Vivian Tenorio

Createspace Independent Publishing Platform, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.When you change the things you think about, the things you think about change - show your gratitude, appreciation, and love for the things around you. Find things you are grateful for on a daily basis. By acknowledging what you are grateful for in your Gratitude Journal, you ll begin to see how amazing your life truly is. Five minutes a day is all you need to begin appreciating the magical life you have. Do you want to remember your magical moments forever? Your Gratitude Journal will allow you to do just that. Fill in 365 days of special moments that you are most grateful for - at the end of the year reflect, see how truly wonderful life really is - this is the perfect gift for your friends, your family, your loved ones, and you. This beautiful Gratitude Journal is formatted to show two days per page, and ruled pages for notes, the following years goals and a page for you to reflect on the most special moments of the year. This Gratitude Journal is a wonderful keepsake...



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