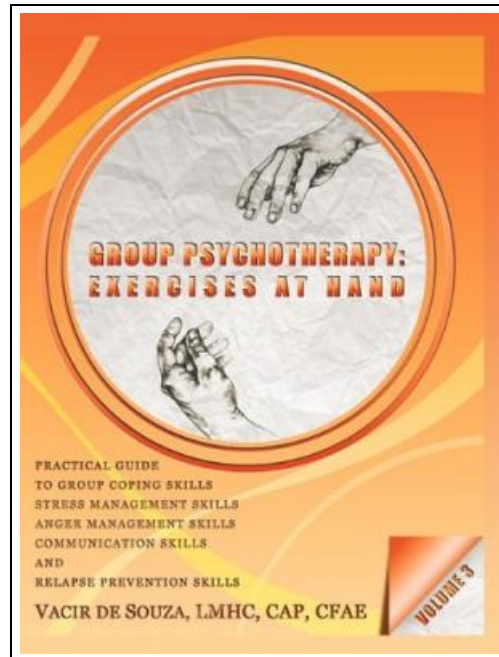


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(Ena Klein MD)

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iUniverse, United States, 2011. Paperback. Book Condition: New. 276 x 208 mm. Language: English . Brand New Book ***** Print on Demand *****. Group Psychotherapy: Exercises at Hand is a three-volume series that provides concise, creative, and systematic approaches for beginners and seasoned professionals practicing group psychotherapy sessions. The customizable group session models apply and improve psychotherapy techniques by employing notes based on real-world settings. Each group session model provides valuable suggestions for group interactions, therapeutic interventions, and treatments. The Exercises at Hand series includes practical, reliable, and structured techniques and exercises that will enable you to implement ready-to-use exercises in both outpatient and inpatient situations; utilize innovative exercises for group psychotherapy sessions for professionals working in community mental health centers, hospitals, jails, group homes, shelters, or private settings; conduct group psychotherapy sessions through uniquely organized topics and exercises; set high standards for documentation using flexible and updated models of real group sessions. Group Psychotherapy: Exercises at Hand offers some of the best-organized materials available on the market. These volumes present an abundant collection of topics and exercises designed to cover the full spectrum of group psychotherapy. Each topic and corresponding exercise has been meticulously created and organized in a logical sequence to make your work as the group leader easy and effective. Enhance the progress of your patients by helping them gain better understanding about themselves and make positive changes in their lives.



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